

Preparation for Your Divine Potential Soul Contract Session

The Purpose of the Session:

The purpose of our work together is to gather intuitive information in order to gain insights about your life that will allow you to make powerful co-creative choices about living your life in alignment with your path of highest fulfillment and service, your soul contract. The end result of the session is that you will have a clear understanding of how you truly desire to express your soul truth in daily life.



Any session involving intuitive guidance is a “snap shot in time” and as you make choices the possibilities naturally shift and change. What you will receive in this session is the best information possible in the moment regarding your present situation. As with any information gathered from outside sources it is important to exercise your own discernment about how to use and implement the opportunities discussed in the session. Intuitive information is most helpful as a guideline and a springboard to exploratory action. So please, use your common sense and your own best judgment in deciding how to implement the information. Also, choose a pace that suits you and your personal lifestyle. Some clients jump in and go full speed ahead and others proceed at a more measured pace.

Please adapt the material in a way that personally fits and empowers you.

The intention is that our work together will enable you to make your own powerful choices about your unique spiritual path. And the simple truth is that only you can choose the direction in which you want to joyously explore, discover and create!

What is a Soul Contract and Why It Is Important:

When we are created as a spark of divinity from God we take on a soul essence or a form of personal mission statement that we carry and work with throughout our many lifetimes. This is what is called a soul contract. The soul represents your divine potential, while your mind and personality frame your choices for how you express your soul gifts in this lifetime.

And when we speak of life purpose, it is important to realize that the shared purpose of life on earth is self discovery and joy! And in joy and self discovery, you naturally awaken to higher levels of consciousness. So when we use the terms work and service, our intention is not to constrain you into thinking

of your soul contract as yet another task to be checked off a list. It is in the discovery of who you truly are ... that you experience the self-love, the joy and the zest for life that you desired when you came into this physical form.

So it is our sincere desire that you release any sense of hardship and struggle, for life is meant to be loved! And how you personally experience and express your joy is as individual as your finger prints. So it is in this miracle of self discovery that we are honored to assist you on your blessed journey.

So the creative details of how we express our soul gifts vary from lifetime to lifetime, but the essence of our divine potential, our contract, remains the same. An analogy is that you can have several types of jobs all of which support and are in alignment with the same corporate mission statement. The mission statement stays the same, but we might choose to rotate through different job positions in order to maximize our learning and to advance within the organization.

Individual soul contracts or frequencies are being activated within the overall context of what is taking place in our global society. There are many ways to look at what is happening on Earth right now and there are several lenses or frameworks that describe our present state of evolution. The Hopi Indian legends talk about drastic changes related to this time in Earth's history and the Mayan calendar ends in 2012 with a period of "no time".

It's interesting to note that the Sanskrit word Maya, which has multiple meanings within the Hindu or Sikh context, refers to the concepts of illusion and duality. So the end of the Mayan calendar could very well signify the end of the veil that perpetuates the dream of duality and separation. The heart of the Sikh philosophy of universality is best expressed by Guru Nanak Dev, when he wrote, "Realization of Truth is higher than all else. Higher still is truthful living". There are Biblical predictions of the "End Times" in the book of Revelations, and Gregg Braden speaks of several possible Earth futures that we can influence depending on our intention and attention. The Ascension Process, or the evolution of Earth to higher vibrational tones, is a topic of much discussion in the spiritual community. And there is an increasing focus on the impact of the accelerating global environmental damage and the massive social injustice in the world.

Which ever of these frames of reference you resonate with it is clear that the Earth and all her life forms are at a critical juncture, and that through our individual and collective choices we can co-create a positive future for all concerned. This is the bigger picture of what is happening. What we are looking for in the session is the intersection of your personal mission, your soul contact, and how you can be of greatest service here on Earth at this moment in her history.

When we come to “Earth School” for this lifetime we take on a form of amnesia in which most of us forget our previous lifetimes. When we do this, the knowledge and awareness of our soul contract is held in trust for us at a very high level.

During the session you may request your soul contract with the phrase “**May I please have my soul contract**”. It appears that this phrase needs to be exact in its wording. Just as with a regular key where the “nubbins” must be of the correct length and in the correct order, this particular phrase acts as a vibrational key to unlock the information on your soul contract.



The closest metaphor we have been able to come up with to describe the process of receiving your soul contract is that it is like being handed a wonderful gift that comes nicely wrapped with great wrapping paper and a fabulous bow. When the information first comes through it tends to be general in nature, like a theme. As you ask more and more clarification questions it

becomes clearer and more detailed. The process is like unwrapping the gift via your questions.

You are in control of the process via your questions. This is the way your guides honor you and gauge what you are able to absorb and take on at this moment in time. This is their way of working with you to create the appropriate balance between useful information and not knocking you into overwhelm. That being said, it has been our experience that clients receive what they need, and often comment that their questions are addressed even before they are asked. So, proceed in a way that is most helpful to you, and you will receive what you need to fully express your divine potential at this particular point in your journey.

Sandy’s soul contract is to be a “high vibrational receiver and transmitter of information and energy”. A number of years ago when I began consciously exploring my purpose in this lifetime I was in a small group working with a professional channel. When I asked about my role and what I should be doing I was told I would be using my ability to access direct knowing and putting together a book. The Ascended Master speaking at the time also added “If I tell you anything more you will run screaming out of the room!” That struck all of us as quite funny at the time and yet he was quite right. If he had outlined for me how I would be transitioning out of a corporate consulting career to which I had significant financial, educational and ego attachment in order to work as an intuitive full time at that point I would have told him he was nuts and would have shut down and not done anything. Yet that is in fact just what I did for several years-work with hundreds of clients using my training in deep intuition. I now am integrating this skill with other aspects of my life and my other work in the world. I share this example by way of illustrating how the guides get us intrigued with our path; get us pointed in the right direction; and show us enough to get started without shutting down.

As Laura, my soul contract resonates with the frequency of love, universality, direct knowing, and working with the energy of pure potentiality. So when I began this phase of my journey, I was literally awakened from a sound sleep by a very zealous guide. And in this moment everything changed, the veil became thinner and I began experiencing cross-over messages in the form of unusual manifestations to dissolve my skeptical nature. So along with my studies and adventures I have witnessed many interesting events that can not be explained by science's strict understanding of the nature of personal reality, or universal principles. Snow inside my office on a summer day, a feather left on my shoulder by an Indian Guide I met in a dream, bird messengers, and so many other miracles have led me to believe and embrace the unseen reality, the one that we usually can't see with our physical eyes. Let's just say that I've needed more than a few gentle nudges from my guides from time to time!

And when Sandy and I met, through many synchronistic events, it was very clear that we were meant to work together. And in the combining of our unique perspectives and gifts, it is a partnership that is meant to help you soar to new heights on your own unique journey. For you are pure potential and we are indeed honored to be part of the unwrapping of your divine gifts!

So, back to the gift metaphor. Some clients get the bow and wrapping paper off the box, and peek inside just to make sure they did not get an empty box. Then they go home and absorb the information and come back later for the rest of the detail. Other clients get the contract out of the gift box, explore it, poke it, and check to see if it needs batteries, and make sure they totally understand it. Wherever we go in the session is perfect. The balance point between being motivated and overwhelmed is unique for each person. And as we mentioned before, you guide the session through your intentions and questions.

One last note on soul contracts, or living your divine potential --they are the essence of who you are as service as a soul. And when you allow that to be expressed through you, in a way that resonates with your heart felt desires, you become fully alive. Sometimes soul contracts are related to how we earn a living in the world, and sometimes they are not. And sometimes there is a transition period of moving from your present employment and lifestyle to one that is in greater alignment with your contract. So, it is important to distinguish between getting a soul contract reading and career counseling, and to clarify any expectation that you will necessarily be able to earn your living from implementing your soul contract. For some clients this happens, and for others it is not even relevant. What is true is that whether or not it becomes a source of cash flow most clients experience an inner sense of joy in day-to-day life as they move into greater and greater unity with their personal mission and what their soul is longing to do.

What to Expect in a Session:

There are several powerful components to the session. **The first is receiving information about your Divine Potential and interacting with the guidance** in a way that allows you to explore and understand the Metaphor that symbolizes your soul essence. Also during this part of the session there is an opportunity to receive an energetic entrainment and cellular attunement from your guides and their high vibrational energy. We find that this entrainment continues to resonate and reverberate over time as you continue to work with the session material.

Then after a short break, **you will begin to interpret and anchor the magic of the metaphor, so you can express your divine potential in daily life.**

A metaphor is a symbol, image, or phrase that attempts to make something that is very complex, understandable. And to understand who you are at a soul level, requires you to step out of conventional, linear thinking. Who you are as a soul ... must be felt and understood on many levels, beyond the linear confines of the intellect. So a metaphor is used to help you unveil the layers of meaning... so you may fully understand and express your soul purpose. Your soul awareness becomes greater, as you peel away the layers of the metaphor.

When you live in the magic of the metaphor, you become an expert at interpreting the symbols and clues that are within and all around you. And these clues help you understand what is needed to live life fully and completely on the level of a soul having a human experience!

Pre-Session Preparation:

There are three questions/requests that we have found to be very helpful to most of our clients. They all pertain to the soul contract, which is the focus of our work together.

- ◆ Please share some examples of when I have successfully been attuned to and working with my soul contract.
- ◆ What additional skills would be helpful to develop?
- ◆ What do I need to release in order to move more fully into my soul contract?

Generally it appears that many of us have critical lifetimes or experiences when we have stepped into our soul contract work, and things have not gone well. Often we have residual fear, anger, judgment etc. about these experiences. As they collect energy, these "lifetimes" can become significant blocks to the fullest expression of our soul's work. It is almost as if they create a wall between our personal mission and us. If it would be helpful to you it is possible in the session to identify these energetic blockages in your field and in your system. Then you can work with an energetic practitioner to shift this residual energy, thus freeing up your choices about how to work with your soul contract in this lifetime.

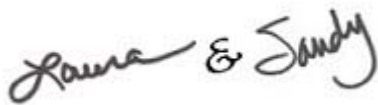
Follow Up After the Initial Session:

Many clients find it helpful to do a second session about six months later, especially if they have chosen to release any blocks, or want to further explore emerging ideas. Many people choose a follow up session because they are committed to walking their soul truth, and would like more detail and suggestions for next steps.

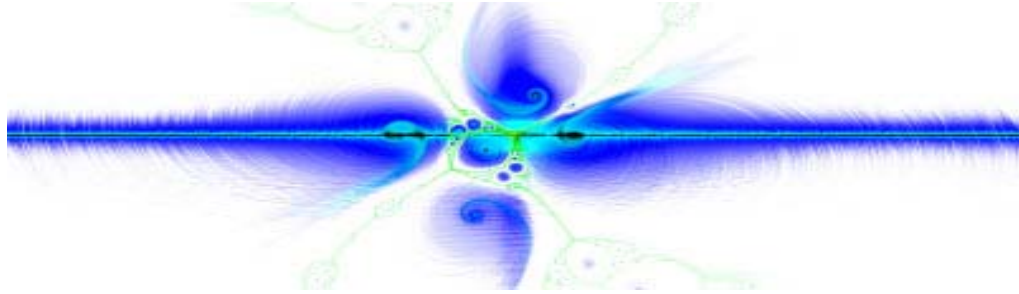
Also you may find that [The Daily Discovery Series](#) helps you stay aligned with choices that allow you to fully express of your divine potential.

Use your own intuitive guidance as to what feels appropriate. Please know that we always welcome your calls and questions at no additional charge, even if you do not choose to do another session. Our commitment to you as a client is that you feel well launched on your spiritual journey in fulfilling your soul contract.

We look forward to our work together.

A handwritten signature in cursive script that reads "Laura & Sandy". The ink is dark and the writing is fluid and personal.

P.S. If you have any questions about this program, please call Laura at 757.373.1408 or Sandy at 206.817.8757 9:00 AM to 7:00 PM EST, or email divinepotential@profitwithpurpose.com .



" And the day came when the risk to remain tight
in a bud was more painful than the risk
it took to blossom." ~ Anaís Nin